



eat well, eat wise

Our healthy dining options are created according to the principles of naturopathy to help boost energy and fulfill your nutritional needs.

Light Delights 🌱 are rich in proteins and fiber, low in carbohydrates and ideal for weight management.

Vitality ☕ use selected carbohydrates that are low on the glycemic index for additional energy.

Both Light Delights and Vitality choices offer a balanced mix of essential nutrients, proteins, carbohydrates, fats and fibers and are made using whole, natural, non-processed foods as well as organic products when possible.

Our selections are abundant in antioxidants, vitamins and minerals and are served raw or lightly cooked to preserve their nutritional value. All are prepared using unsaturated fats and carbohydrates that are on the low glycemic index to benefit your health.

SALADS |

starter 158
main 198

caesar salad >
romaine lettuce, anchovies, parsley,
boiled quail eggs, garlic croutons
parmesan reggiano &
classic caesar dressing
✔ can be tailored for a vegetarian diet

✔✔ greek salad >
bell pepper, cucumber,
cherry tomatoes, red onions, olives,
feta cheese, parsley, lemon juice &
extra virgin olive oil

✔ mediterranean vegetables >
marinated & grilled, served with
sun-dried tomatoes, artichoke,
pesto, mozzarella di bufala &
crispy garlic baguette

enhance your salad with light delights add 95 per choice

✔✔ corn-fed chicken breast
✔✔ blackened prawns

SOUPS |

please check our daily selection in the soup and sandwich menu 118

APPETIZERS |

✔✔€ thai flat iron beef salad > 228
red onions, coriander, lemongrass
& chili sauce

prawn cocktail > 208
green apple, avocado & iceberg lettuce,
salad with marie rose sauce

✔✔✔ heirloom beetroot carpaccio 208
with fresh "brousse" cheese, walnuts,
sherry dressing & sourdough bread chips

✔✔ light delights
✔✔ vitality
✔✔ vegetarian

served from 11:00 am to 11:00 pm
all prices in hong kong dollars & subject to 10% service charge

BURGERS |

traditional beef burger > 288
wagyu beef burger, romaine lettuce,
claussen dill pickles, tomato & red onion
relish on multi-cereal bun

enhance your traditional burger with add 35 per choice

hickory smoked bacon
cheddar cheese
blue cheese
fried organic egg

teriyaki beef burger > 298
teriyaki glazed wagyu beef burger,
bacon, avocado, horseradish sauce,
pickled kyuri cucumber & crispy onions
on multi-cereal bun

lobster burger > 408
boston lobster burger, tomato compote,
grilled vine tomatoes, lobster mayonnaise
& fresh tarragon on multi-cereal bun

chicken burger > 248
chicken burger with smoked bbq sauce,
onion compote, romaine lettuce, claussen
dill pickles & melted aged comte cheese
on multi-cereal bun

SANDWICHES |

classic club sandwich > 228
vine tomatoes, hard boiled organic
egg, romaine lettuce, dijon mustard
mayonnaise, smoked bacon,
black treacle back bacon & turkey
✔ can be tailored for a vegetarian diet

boston lobster roll > 348
toasted milk bun with spicy boston
lobster & lobster mayonnaise

hot dog > 148
hebrew national beef sausage,
claussen dill pickles, dijon mustard,
homemade relish & coleslaw

✔ black olive ciabatta panini > 218
vine tomatoes, mozzarella di bufala,
grilled eggplants, pesto dressing &
parmesan reggiano cheese


crispy chicken taco > 218
sautéed minced chicken with iceberg
lettuce, vine tomatoes, coriander,
guacamole & sour cream dip

all the above mentioned burgers & sandwiches
served with a choice of french fries or
mesclun salad

✔✔ light delights
✔✔ vitality
✔✔ vegetarian

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C H E E S E S |

-  french farmers cheeses > 168
 chef's selection of the season's
 finest matured french cheeses by
 bernard anthony (3 pieces)

D E S S E R T S |

-  baked MO cheesecake > 130
 with mixed berries
-  thin apple tart "paillasson" > 130
 made from granny smith apple
 served with bourbon vanilla ice cream
-  bitter chocolate tart > 130
 with salted peanuts & served with
 bourbon vanilla ice cream
-  greek yogurt panna cotta > 130
 over hibiscus jell-o, mixed berries &
 raspberry sorbet
-   fruit platter > 130
 carefully selected seasonal fruits
-  homemade ice creams > 48 per scoop
 tahitian bourbon vanilla
 valrhona chocolate
-  homemade sorbets > 48 per scoop
 raspberry
 mango

 light delights

 vitality

 vegetarian

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